

## Ultra Prostate Formula

### Next-generation prostate protection

Item #02029 • 60 softgels

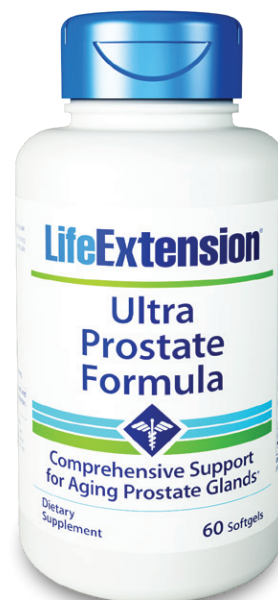
As a man ages, a healthy prostate is key. So taking a dietary supplement to support urinary flow and protect prostate health is just plain smart. The question is which supplement to take.

Ultra Prostate Formula provides the latest scientifically validated botanical extracts shown to promote healthy prostate function. No other prostate protection formula provides such a broad array of nutrients to support the multiple factors involved in the health of the aging prostate gland:

- **Standardized lignans** provide support for prostate cells against excess estrogen levels.<sup>1-3</sup>
- **AprèsFlex®** supports normal inhibition of *5-lipoxygenase* or 5-LOX, an enzyme associated with undesirable cell division changes.<sup>4,5</sup>
- **Stinging & dwarf nettle root extracts** help support prostate cells against excess estrogen levels.<sup>6,7</sup>
- **Saw palmetto CO<sub>2</sub> extract** helps inhibit *dihydrotestosterone* (DHT) activity in the prostate, support healthy urinary flow, and ease inflammatory reactions in the prostate.<sup>8-11</sup>
- **Pygeum extract** helps inhibit prostaglandin production in the prostate and supports healthy urination patterns.<sup>12,13</sup>
- **Pumpkin seed oil** enhances the composition of free fatty acids and augments saw palmetto's benefits.<sup>14-16</sup>
- **Beta-sitosterol** enhances the protective effects of other botanical extracts and helps improve quality of life.<sup>17-19</sup>
- **Graminex® Flower Pollen Extract™** has been shown to help relax the smooth muscles of the urethra and help ease inflammatory reactions.<sup>20-22</sup>
- **Boron** has been shown to slow elevation of prostate-specific antigen (PSA).<sup>23-25</sup>
- **Lycopene** supports efficient cellular communication, helps maintain healthy DNA, maintains healthy hormonal metabolism, and promotes healthy prostate size and structure.<sup>26-32</sup>
- **Phospholipids** enhance absorption of active compounds.

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#### Two softgels contain:

Saw Palmetto CO <sub>2</sub> extract (fruit) [std. to 85% total fatty acids]	320 mg
Stinging and dwarf nettle extracts (root)	240 mg
Pumpkin oil (seed) [std. to 85% total fatty acids]	200 mg
Beta-sitosterol	180 mg
Phospholipids	160 mg
Pygeum extract (bark)	100 mg
AprèsFlex® Indian frankincense ( <i>Boswellia serrata</i> ) extract (gum resin) [std. to 20% AKBA]	70 mg
Graminex® Flower Pollen Extract™ and NAX™ Paste [std. to 7% phytosterols] (from rye)	63 mg
Proprietary Enterolactone Precursors Blend [HMRlignan™ Norway spruce ( <i>Picea abies</i> ) (knot wood) and flax lignan (seed) extracts]	20.15 mg
Lycopene [from Lyc-O-Mato® natural tomato extract (fruit)]	10 mg
Boron (as Albion® bororganic glycine)	3 mg

Other ingredients: gelatin, sunflower oil, glycerin, maltodextrin, tricalcium phosphate, purified water, beeswax, carob color, rosemary extract.

\*3-O-acetyl-11-keto-β-boswellic acid

#### Dosage and use

- Take two softgels daily divided between morning and evening, with food, or as recommended by a healthcare practitioner.

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